

## BREAKFAST

<b>SMOKED SALMON &amp; FREE RANGE POACHED EGGS ON SOURDOUGH</b> _____	15.0
Wilted spinach, smokey hollandaise sauce	
add bacon	+ 3.0
add avocado	+ 5.0
<b>CRUSHED AVOCADO &amp; BACON ON TOASTED BAGEL</b> _____	15.0
Heirloom tomatoes, feta, balsamic reduction, wild rocket	
add eggs	+ 4.0
add smoked salmon	+ 5.0
<b>BRIOCHE FRENCH TOAST</b> _____	11.0
With fresh ricotta, maple syrup, berry compote	
<b>BACON &amp; EGG ROLL</b> also available with gluten free bread	9.0
<b>QUINOA GRANOLA YOGHURT POT</b>	8.0
Coconut, chia, quinoa granola, Greek yoghurt	
<b>POWERHOUSE BREAKFAST WRAP</b> _____	8.0
Bacon, fried eggs, cheese, smoked bbq sauce, tomato relish	
<b>RAISIN &amp; FRUIT TOAST</b> with jam, butter _____	5.5
<b>SOURDOUGH TOAST</b> with jam, butter or vegemite _____	5.5

## KIDS BREAKFAST

Up to 12 years old

<b>BACON &amp; EGGS ON TOAST</b> _____	6.5
<b>TOAST (1PCS)</b> Jam, vegemite, raisin toast _____	3.5

## LUNCH

<b>HOMEMADE BEER BATTERED FISH &amp; CHIPS</b> _____	21.5
with mushy peas	
<b>DAILY HEART-WARMING SOUP</b> _____	10.5
with crusty roll	
<b>OLIVE &amp; CHERRY TOMATO ORECCHIETTE PASTA (V)</b> _____	16.5
basil, fetta, pinenuts	
<b>GRILLED TASMANIAN SALMON</b> _____	24.0
soba noddles, heirloom tomatoes, cucumber, capsicum, mint, lime, ponzu dressing	
<b>POWERHOUSE BEEF BURGER</b> _____	19.0
with tomato chutney & French fries	
<b>POWERHOUSE TACO (3) GF</b> _____	17.0
Choice of	
Chicken with tomatoes coriander salsa & chipotle mayo	
Pork with red cabbage slaw & smokey bbq sauce	
<b>VEGETABLE FRITTATA GF, V</b> _____	15.0
pumpkin, spinach, roasted capsicum, zucchini, feta served with garden salad	

## KIDS LUNCH Up to 10 years old

<b>MACARONI &amp; CHEESE v</b> _____	10.0
<b>CHICKEN TENDERS (2) with French fries</b> _____	10.0
<b>SPAGHETTI &amp; MEAT BALLS</b> _____	12.0
<b>BOWL OF FRIES with garlic aioli</b> _____	7.5